



Bulletin №1

Three hills cup & With map in Tarnovgrad

With the generous support of:



Organizer

SCO Trapezitsa 1954
Bulgarian Orienteering Federation
Municipality of Veliko Tarnovo
Tourist Association "Trapezitsa 1902"

Organizing committee

Competitions will be held under auspices of the major of Veliko Tarnovo Daniel Panov

Event Director	Grigor Karaivanov
Map maker and Course planner	Georgi Kartalov
SportIdent	Lidia Nikolova
Event controllers	Apostol Atanasov, Valentin Shishkov
Start	Mariyana Atanasova
Final	Aleksandar Atanasov

Schedule

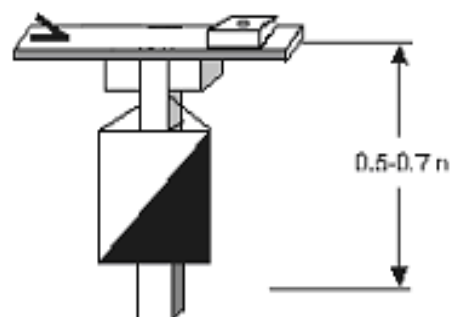
22 March (Friday)	- until 18:00 - Arrival and registration at the Event center
	19:30 - Start – Night O start – Prologue
23 March (Saturday)	- until 13:00 - Arrival and registration (Final arena – Middle)
	14:00 - Start – Middle distance Three hills cup
	17:00 - Prize-giving ceremony – Three hills cup (at the arena)

24 March (Sunday)

- until 10:00 - Arrival and registration (Final arena Sprint distance)
- 11:00 - Start Sprint + „With map in Tarnovgrad”
- 13:00 - Prize-giving ceremony and closing

Additional information

Control points are type “prisma” on a stand with SI station and a punching device as the control number is on the SI station. If there`s a problem with the station the competitors should punch on their map.



Start organization

Competitors should arrive 3 minutes before their start. After entering the corridor they clear their Si card. Then they CHECK their SI card. Control descriptions will be given 2 minutes before start. Maps arrangement: Women – left; Men – right. The distance between start line and start point on the map must be passed through the marked route.

Final Organization

Competitors finish through marked corridor from last control point to the finish line. On the finish they stop their time by putting their Si card in the final station. Then they walk through marked corridor to read their Si card and get their time sheet. Maps should be given to the organizers after finishing. Competitor who don`t finish should give their map to the organizers at the finish area. The mark to the finish and start will be red-white tape.

Complaints should be sent to organizers no more than 30 minutes after the problem appears.

According to IOF rules, doping is strongly forbidden.

The organizers strongly recommend to tighten your ankles and run with long bottoms for the night and middle distances!
Please, throw your litter only in the marked places! Lets keep our nature clean!

For OPEN classes there will be no prizes and therefore no prizegiving Ceremony

Technical Information GPS: N43°05'00,77" E25°40'26,56"

Night O – Prologue – 22 March 2019 (Friday)

Map	Ksilifor: 1:10000, Contours – 5 m, map is made by IOF standarts. Maps will not be put in transparent plastic bags. Control descriptions will be printed on the front side of the map. There won't be additional descriptions at the Start. Map size: A4.
Terrain	Moderately steep terrain. At some places there are stones, cliffs and rocky formations. Vegetation varies in all categories with parts of low visibility and runnability due to vegetation and stony ground.
Roads & paths	There are roads and paths of all categories. Some of them are difficult to be seen on the terrain due to their low usability.
Hydrography	There aren't many water objects on the terrain. There is some water in the valleys.
Vegetation	Deciduous and coniferous forest, varying in all levels of passability – from 20% to open fields
Start type	Mass start
Other information	MW10 and MW12 will start at any time after 7pm without start list and start interval. MW10 will run marked route (or labyrinth), and MW12 can run with a parent or coach. There is water and buffet near the Final arena. There won't be prize-giving ceremony. .

Courses information – Night Distance – Prologue 22 March 2019

Class	Length	CP	Climb	Class	Length	CP	Climb
M10	1000 M	5	50 M	W10	1000 M	5	50 M
M12	1760 M	9	110 M	W12	1600 M	8	90 M
M14	2410 M	10	115 M	W14	1840M	9	110M
M16	3400 M	14	215M	W16	3100 M	14	180 M
M18	3600 M	16	220 M	W18	3370 M	13	210 M
M20	3600 M	16	220 M	W20	3370 M	13	210 M
M21E	4300 M	18	245 M	W21E	3600 M	16	220 M
M21A	3100 M	14	180 M	W21A	2410 M	10	115 M
M35	3600 M	16	220 M	W35	3370 M	13	210 M
M40	3400 M	14	215M	W40	3000 M	15	135M
M45	3400 M	14	215M	W45	3000 M	15	135M
M50	3000 M	15	135M	W50	2350 M	13	100 M
M55	3000 M	15	135M	W55	2350 M	13	100 M
M60	2350 M	13	100 M	W60	2050 M	12	90 M
M65+	2350 M	13	100 M	W65+	2050 M	12	90 M
Short & Easy Open 1	1760 M	9	110 M	Short & Difficult Open 2	2500 M	15	100 M

Distances

Event center – Final – 0 km
Състезателен център – Финал – 0 км
Final – Start – 50 m. – marked route from parking and from the final
Last control – Final – 50 m.

Technical information

GPS: N43°05'28,19" E25°41'58,33"

Средна дистанция – 23 март 2019 (събота)

Map

Manastira, Scale: 1:10000, Contours - 5 m; by IOF Standarts. Maps will be put in transparent plastic bags. Control description will be printed on the front side, there will be additional at the start. Map size – A4.

Terrain information

Moderately steep terrain with plateau. At some places there are stones, cliffs and rocky formations.

Vegetation varies in all categories with parts of low visibility and runnability due to vegetation and stony ground.

There are roads and paths of all categories.

There aren't many water objects on the terrain.

Start Interval

1, 2 minutes

Other information

MW10 start without a Start list from the Final. There isn't water near the final. There will be a buffet.

Middle distance samples:



Courses information – Middle distance – 23 March 2019

Class	Length	CP	Climb	Class	Length	CP	Climb
M10	1200	6	10	W10	1200	6	10
M12	2100	10	50	W12	1900	11	50
M14	2600	16	85	W14	2100	10	50
M16	3800	16	165	W16	3300	16	140
M18	4100	18	190	W18	3400	15	165
M 20	4100	18	190	W20	3400	15	165
M21E	4400	22	190	W21E	3800	16	165
M21A	3800	16	165	W21A	3300	16	140
M35	3800	16	165	W35	3300	16	140
M40	3800	16	165	W40	3300	16	140

M45	3400	15	165	W45	3300	16	140
M50	3400	15	165	W50	2600	16	85
M55	3300	16	140	W55	2600	16	85
M60	2600	16	85	W60	2100	14	40
M65+	2600	16	85	W65+	2100	14	40
Short and easy Open 1	1900	11	50	Short and difficult Open 2	3800	16	165

Distances

Event Center – Final – 2 km (on foot – 25 minutes)
 Final – Start – 900 m – marked route from the final – 15 min
 Last Control – Final – 60 m.

Technical information

GPS: N43°04'03,57" E25°36'33,11"

Sprint + distance – 24 March 2019 (Sunday)

Map

Pishmana - North , Scale – 1:4000, contours – 2.5 m, by IOF standarts. Mapped in January 2019. Control description will be printed on the front side of the map, there will be additional at the start. Map size – A4

Terrain

Flat terrain with some hilly parts. Urban and park areas.

Paths

There are all types of roads and paths – alleys, roads and stairs.

Hydrography

There aren't many water objects on the terrain.

Vegetation

Varies in all types – from 25% passable to open fields. Mostly park and urban vegetation. There are some places with undergrowth.

Start Interval

1, 2 minutes

Other information

MW10 start without a Start list from the Final.

There is water and toilet near the Final.

Sprint distance samples:



Courses information – Sprint Distance – 24 March

Class	Length Straight/Route choice	CP	Climb	Class	Length Straight/Route choice	CP	Climb
M10	600/700	6	10	W10	600/700	6	10
M12	1200/1300	14	15	W12	1200/1300	14	15
M14	1400/1800	16	20	W14	1400/1800	16	20
M16	2500/3200	17	55	W16	2100/2700	18	40
M18	2700/3650	19	60	W18	2500/3200	17	55
M20	2950/4000	24	85	W20	2500/3200	17	55
M21E	2950/4000	24	85	W21E	2700/3650	19	60
M21A	2500/3200	17	55	W21A	2100/2700	18	40
M35	2500/3200	17	55	W35	2400/3100	19	65
M40	2400/3100	19	65	W40	2400/3100	19	65
M45	2400/3100	19	65	W45	2100/2700	18	40
M50	2100/2700	18	40	W50	2100/2700	18	40
M55	2100/2700	18	40	W55	1400/1800	16	20
M60	2100/2700	18	40	W60	1400/1800	16	20
M65+	1400/1800	16	20	W65+	1400/1800	16	20
Short and easy Open 1	1200/1300	14	15	Short and difficult Open 2	2400/3100	19	65

Note: The length of the courses (Route choice) is measured by the routes of the course planner.

Winning times: 15-20 minutes

Distances

Event center – Final – 10 km

Final – Start – 150 m – marked route from

Follow the marked route without exclusions!

Last control – Final – 50 m

General Scheme



Bulletin 2 will be published soon and will give more information about the Start/Final Arenas

Contacts and more information

Send your questions to:
Email: skotrapezitca1954@abv.bg

Welcome to Veliko Tarnovo!